

JANUS SOLUTIONS AND CONSULTING CIRCLES

Presents

A Powerful
One Day
Training
Seminar
that
explores
the impact
of 'the cuts'
on your
services,
your skills
and the
service
users



The future of Drug and Alcohol Treatment

The way forward!

Date: 10th March 2011

Two established training providers who hold complementary philosophies, will come together to actively debate the future of treatment and how it will impact on service users and the community.

Venue: Brighton

Brighthelm Church and Community Centre: North Road, Brighton, BN1 1YD

**THE DAY CHAIRED AND FACILITATED
BY
CHRIS ROBIN AND RAY JENKINS**



JANUS SOLUTIONS AND CONSULTING CIRCLES

Janus Solutions and Consulting Circles believe that in order for treatment to progress and develop in the current political and economic climate, services must honestly review the work that is currently carried out with substance users:

both in and out of the criminal justice system.

What are the challenges we face:

- Limited resources
- A clearer focus on what is effective treatment
- Defining “recovery”
- Integration, and how to make it happen
- Getting our services ready – will they survive?
- Getting ‘more for less’
- Having the right skill mix

Janus Solutions: A leading training agency will introduce ‘*The Resonance Factor*’ - a new approach to drug treatment, that keeps the focus on the drug or alcohol use. Janus believes that this approach deals with the core problem and as a consequence has a positive impact on other areas of the service user’s life, such as relationships, housing, education and other future goals.

Janus will be asking the questions?

If the drug and alcohol use is not addressed appropriately, will the drug and alcohol use return in the future?

Is it possible to find solutions to housing, education, health and family problems without keeping the primary focus on the drug (or) and alcohol use?

Consulting Circles: Has an established track record in delivering training and consultancy services that compare traditional treatment approaches with recovery based interventions. They will explore a number of abstinence based mutual support models including 12-step, Self Management and REBT. They will explore how such interventions can complement more traditional CBT & MI strategies to have a positive impact in

developing the service user’s emerging identity outside of their drug use. Their approach is focused on acknowledging the stages of intervention required to facilitate the recovery journey.

Consulting Circles will ask the questions:

How do we hand the power back to the client to promote self management?

How do we move away from deficit based assessment and care planning to promote the service users strengths, talent and intrinsic potential?

Janus Solutions and Consulting Circles share three common goals:

- To identify the factors that reduce and stop substance use
- To identify what sustains abstinence
- How to deliver interventions which get the best possible outcomes for the service users and the community

Our aim for the day is to re-invigorate the drugs field by debating the effectiveness of various approaches.

Who Should Attend?:

- **Key workers & Counsellors**
- **Substance Misuse Practitioners**
- **Hostel Workers**
- **Street Outreach/homelessness Teams**
- **Primary Care/RMN/Specialist substance misuse Nurses**
- **Service users**
- **Criminal Justice Professionals**
- **Psychologists**
- **Psychiatrists**
- **Directors & Managers of provider services**
- **Commissioners & Stakeholders**
- **DAAT Managers**
- **Community Safety Managers**
- **GPs**
- **Police/Prison/Offender Managers**
- **Carers**

If you are interested in exploring new ideas for engagement and interventions, then this is the seminar for you.

Commissioning
 Planning
 Service Delivery
 The Way Forward

Programme

9:30 to 10:00 **Arrival: Tea & Coffee**

10:00 – 10:25

Comparing Treatment Approaches (clinical versus personal): from the perspective of values, power base, basic concepts, working practice and service goals. **CONSULTING CIRCLES**

10.25 – 10.50

Overview of abstinence based mutual support models: What influences a service user's decision to stop and what factors help to maintain abstinence? **CONSULTING CIRCLES**

10.50 – 11:15

From Harm Reduction to Recovery Part 1: Exploring how harm reduction is ultimately linked to the clients journey to reducing and ultimately stopping drug use. **JANUS SOLUTIONS**

11.15am - 11.30am (Break)

11.30 – 11.55

From Harm Reduction to Recovery Part 2: Exploring how harm reduction is ultimately linked to the clients journey to reducing and ultimately stopping drug use. **JANUS SOLUTIONS**

11.55 – 12.20

The Resonance Factor: Pushing the boundary of drug treatment: An active learning approach that brings the drug and alcohol user face to face with the drivers that enable them to justify their drug use. **JANUS SOLUTIONS**

12.20 – 12.45

Commissioning effective services: JANUS SOLUTIONS and CONSULTING CIRCLES will explore the very major challenges to commissioning, with reduced resources, potentially an increasing population of problematic drug and alcohol user and the expectation of 'more for less'! What is the way forward? **GUEST SPEAKER**

12.45 – 1pm

QUESTIONS AND ANSWERS

1pm – 1.45pm Lunch Break

1:45 – 2.05

The role of strengths based assessment: Developing a positive self image and reframing a service user's drug use and offending behavior. **CONSULTING CIRCLES**

2.05 – 2.20

The psychological versus physical dependency: Breaking the myths and stereotypes of physical and mental dependency, the trap that many professionals fall into! **JANUS SOLUTIONS**

2.20 – 2.45

An example of an abstinence based day programme based on The Resonance Factor: What the future of community day treatment could look like? **JANUS SOLUTIONS**

3:00pm - 3:15pm (Break)

3.15 – 3.35

Personal Account of Recovery: "12 steps - yes but that's not for everyone is it". A brief myth buster presentation by a former service user. **EXTERNAL SPEAKER**

3.35 – 3.55

Working with carers: Moving beyond supporting carers. How do we integrate carers into mainstream treatment provision. Alison Eade will explore the world of the carer and how they are a potential asset as compared to a hinderance to a positive outcome to a drug user. **ALISON EADE AND JANUS SOLUTIONS**

3.55 – 4.15

PLENARY

4.15

FINISH

THE WELL RECEIVED BOOK:

'CRACK COCAINE: THE OPEN DOOR'

WILL ALSO BE ON SALE

Bookings

Please tick relevant fee option

Statutory Sector: £79	<input type="checkbox"/>
Voluntary and Social Enterprise Sector: £79	<input type="checkbox"/>

Seminar date: 10th March 2011

Reductions

2 attendees receive 10% reduction each.	<input type="checkbox"/>
2+ attendees receive 15% reduction each	<input type="checkbox"/>

Contact details

Address:

Postal Code:

Telephone:

Email:

Payment details: please tick

Cheque	<input type="checkbox"/>
Invoice	<input type="checkbox"/>

Please make cheques payable to:

Janus Solutions: Unit 9, 49 Effra Road, Brixton,
London, SW2 1BZ

TO BOOK ONLINE CLICK ON THE LINK BELOW:

<http://www.janussolutions.co.uk/JSP-events.htm>

NOTE: LUNCH NOT PROVIDED

Contact details:

0203 121 0063 /07957 143 150 events@janussolutions.co.uk

VISIT: www.janussolutions.co.uk / www.consultingcircles.com