

One Day Group Work Training

The programme will incorporate the following aspects:

- The Jo-hari window representing the facilitator and the client from 4 perspectives:
 - The open window
 - The blind window
 - The closed window
 - The hidden window
- The 'Drama Triangle' that offers 3 possible dimensions for both facilitator and client:
 - Persecutory
 - Rescuer
 - Victim like
- Projection
- Transference
- Counter transference

These perspectives are used to explore how the group facilitator operates with regard to their:

- Intra-personal skills
- Interpersonal skills
- Effectiveness when challenging, negotiating and investigating
- Blockers and Drivers
- Fears
- Diversity awareness

Aims:

- To increase confidence in facilitating groups with drug users
- To explore the dynamics between facilitator and participant
- To explore the dynamics between facilitators
- To explore the difference between informative, educative and psychodynamic group settings

Outcomes:

- Increased self awareness
- Increase honesty in the group process
- Effective groupwork
- Increase engagement and retention of service users in groupwork